

SNOWSPORT INSTRUCTOR

ISSUE 3
06/07 Season
PNSIA-EF

2007 Big Sky Symposium *“Come Intermingle”*

Don't forget to move your clocks
ahead 1 hour at the border!



winter 2007

Inspiring lifelong passion for the mountain experience

Event Line Up



It's that time of year and one of those special years when we travel outside of division to end the season with a bang! Our friends from Intermountain will meet us at Big Sky Montana, April 13-15th, along with some Northern Intermountain and Northern Rocky Mountain folks, what a celebration! Remember to bring along your sunscreen and lots of water. The base area is 7,500 feet and the top of the tram is a spectacular 11,166 feet. They boast a vertical drop of 4,350 feet!

As always, ski or ride with clinicians on Friday, including Northwest Technical Team members, Intermountain and Northwest clinicians and some National Team members as well! Just registering for Symposium is all it takes to attend Friday for FREE. Saturday and Sunday we'll have all your favorites and more. Clinics will run from 9-2 so you are able to meet up with family and friends for some runs at the end of the day.

We continue the Family Tour tradition for your family members. Remember they need to be signed up for the tour and be able to navigate easy blue terrain.

The Huntley Lodge and Yellowstone Conference Center will be our base of operations for registrations and the banquet. Please visit the website www.psia-nw.org to see the site map.

Lodging Packages are available throughout Big Sky Resort. Look online for the full lodging list and book now! A block of rooms is being held for a discounted rate for Symposium participants, from hotels to condos, beginning on April 9th-April 15th. Come early and play. Big Sky is staying open just for us on Sunday evening. Call 800.548.4486 for lodging reservations.

Remember the Frequent Sky card; only \$69, must be purchased by March 31st. This card allows you to ski/ride for free the week of April 9th-15th. Discounted lift tickets are also available at the area; see PSIA Intermountain or NW websites for details and phone number to call to place your order.

As always the price is right and the fun opportunities abound. Sign up soon. Come Inter-Mingle and be a part of one of our biggest Symposiums ever!



Event Line Up



PSIA-Northwest / Intermountain-AASI SPRING SYMPOSIUM at BIG SKY April 13-15th, 2007

11206 Des Moines Memorial Drive, Suite 106 Seattle, WA 98168 Fax 206.241.2885



Name _____ NW or I Member # _____ Cert Level _____
 Address _____ City _____ St _____ Zip _____
 Day ☎ # _____ Ski/Snowboard School _____
 E-mail _____

<input type="checkbox"/> Ski with clinicians on Friday, box must be checked if you wish to attend <i>(Must be registered for Symposium to be eligible to attend)</i>	\$FREE	\$ FREE _____
<input type="checkbox"/> Two-Day Instructor Package (No Lifts or Banquet) <i>(Includes Registration Fee, 2 Days Lessons and Souvenir)</i>	\$120.00 per person	\$ _____
<input type="checkbox"/> One-Day Instructor Package (No Lifts or Banquet) <i>(Includes Registration Fee, 1 Day Lesson and Souvenir)</i>	\$75.00 per person	\$ _____
<input type="checkbox"/> Family Clinic <i>(Name of family members who will attend: _____)</i> Alpine _____ Snowboard _____ Must be able to navigate easy blue terrain.	\$30.00 per person/per day	\$ _____
<input type="checkbox"/> Symposium Banquet <input type="checkbox"/> Stuffed Chicken Breast OR <input type="checkbox"/> Vegetarian Option	\$30.00 per person	\$ _____
<input type="checkbox"/> Extra Souvenirs	\$10.00 each	\$ _____
Add a \$20.00 late fee after March 30, 2007		\$ _____
Total Amount Enclosed		\$ _____
Visa/MC # _____		
Exp. Date _____ Signature _____		
Please list family members who will be purchasing lift tickets*: _____ _____		

*only participants in Symposium and their families qualify for discounted lifts - \$35 per day PSIA/AASI members, \$47 family lift

Mail application, with payment, to PSIA-NW, 11206 Des Moines Memorial Dr., Suite 106, Seattle, WA 98168, or fax to 206.241.2885. Application must arrive **no later than March 30, 2007**. A late fee of \$20.00 will be added after that date. Late applications will be accepted on space available only. A \$20.00 fee is charged on all cancellations. **No refunds** unless injured (doctor statement required).

LIABILITY RELEASE FORM (you must sign this release before attending any PSIA-NW event):
 Recognizing that skiing/boarding can be a hazardous sport, I hereby **RELEASE AND FOREVER DISCHARGE PSIA-NW, PSIA-I, PNSIA-EF**, the host area and agents and employees of each from liability for any and all injuries of whatever nature arising during or in connection with the conduction of the event for which this application is made. Applicant hereby relinquishes and assigns to PSIA-NW and PNSIA-EF all rights to the use of Applicant's name and likeness or pictorial representation in photographs, motion pictures or other representations concerning Applicant's participation in said Event.

Signature _____ Date _____

Flip this page over to choose your CLINIC TOPICS ↻

Event Line Up

Return this sheet along with your registration fee!

NAME _____

Saturday, April 14 - Clinic Topics run 9-2

Select your Saturday topics from the list below
(Please mark your 1st and 2nd choice)

Alpine Clinic Topics for Saturday

- Seeing is Believing
- Skiing the Skills Concepts 201
- Skiing the Skills Concepts 301
- Teaching with a Focus 201
- Teaching with a Focus 301
- Classic to Modern Connection: A Skiing Experience
- Use Your Core to Ski Better
- Challenge Your Concepts
- Big Mountain Skiing at Big Sky
- Bumps
- Low-Fly or High-Fly Freestyle
- Ski with the Girls
- Clean and Carved
- Legends
- Master Tour – Achieving Your Skiing Goals (2 days)
- GS Gate Training (Sat. only)

Telemark Clinic Topics for Saturday

- Efficient Telemark Skills Applied to Gates (Sat. Only)
- Creating Versatility in Your Tele Turns (Sat. Only)

Children's Clinic Topics for Saturday

- Solution Strategies
- Bag O'Tricks

Snowboard Clinic Topics for Saturday

- Seeing is Believing
- Low-Fly or High-Fly Freestyle
- Big Mountain Riding at Big Sky
- Clean and Carved

Adaptive Clinic Topics for Saturday

- Transposing Experience to the Adaptive Field
- Teaching Three and Four Track
- Visually Impaired (VI) – Teaching Tactics & Understanding

Family Clinic Saturday

- Tour the Hill (13 and up)

Sunday, April 15 - Clinic Topics run 9-2

Select your Sunday topics from the list below
(Please mark your 1st and 2nd choice)

Alpine Clinic Topics for Sunday

- Seeing is Believing
- Skiing the Skills Concepts 201
- Skiing the Skills Concepts 301
- Teaching with a Focus 201
- Teaching with a Focus 301
- Classic to Modern Connection: A Skiing Experience
- Use Your Core to Ski Better
- Challenge Your Concepts
- Big Mountain Skiing at Big Sky
- Bumps
- Low-Fly or High-Fly Freestyle
- Ski with the Girls
- Clean and Carved
- Legends
- Master Tour – Achieving Your Skiing Goals (2 days)

Telemark Clinic Topics for Sunday

- Alpine to Telemark (Sunday Only)
- Maximizing Versatility in Your Tele Turns (SunOnly)

Children's Clinic Topics for Sunday

- Solution Strategies
- Bag O'Tricks

Snowboard Clinic Topics for Sunday

- Seeing is Believing
- Low-Fly or High-Fly Freestyle
- Big Mountain Riding at Big Sky
- Clean and Carved

Adaptive Clinic Topics for Sunday

- Transposing Experience to the Adaptive Field
- Teaching Three and Four Track
- Visually Impaired(VI)Teaching Tactics & Understand

Family Clinic Sunday

- Tour the Hill (13 and up)

+ **FRIDAY** – Your **FREE** ski and ride day. Clinic groups in less formal settings with a variety of clinicians available, including **NW Technical Team members, NW and Intermountain staff and National Team members!** You must be registered for Symposium to attend and sign up in advance to take advantage of this free day!

+ **SATURDAY** – Ski/Snowboard School GS Race – (2:30-3:30 pm). Sign up at the Registration Table.

PSIA – Northwest and Intermountain – AASI Symposium 2007 Clinic Topics

ALPINE CLINIC TOPICS

Seeing is Believing – Video analysis of your skiing will be used to improve your skill level, awareness of your movement patterns and what to develop in your skiing. Indoor time will be spent near the end of the session to review the day's video.

Skiing the Skills Concepts 201 – A clinic designed to improve the instructor's skiing performance in levels 4-7, and understanding the application of the skills concepts. The goal of this course is to provide the instructor with an accurate assessment of their current ability and establish a plan for improvement.

Skiing the Skills Concepts 301 – A clinic designed to improve the instructor's skiing performance in levels 7-9 and understanding the application of the skills concepts. This course will provide the instructor with an accurate assessment of their current skiing ability and establish a plan for improvement.

Teaching with a Focus 201 – A clinic designed for the Level I certified instructor. This clinic will help the participant develop exercises and progressions related to specific skill improvement in skiers through level 7. Participants will utilize knowledge of ATS principles in a peer group environment to effect skill blending and movement pattern changes.

Teaching with a Focus 301 – A clinic designed for the Level II certified instructor. This clinic will help the participant begin to identify and describe, with precision and accuracy, skill blends and movement patterns in skiers of all ages and abilities in varied skiing tasks, snow conditions and terrain options.

Classic to Modern Connection: A Skiing Experience – Learn by skiing 1930's Emile Allais, 1939 Direct Parallel, Otto Lang 1939 Modern Arlberg Technique, 1955 Stefan Kruckenhauser Counter Rotation (Austria), Early American Technique 1965, 1975 PSIA Skills Concept, 1970-80's Stenmark/Mahre era influence, 1990's to present, the advent of shaped skis. In addition, learn by trying many types of turns you can't even pronounce. Where we started and where we are today. The more we change, the more we stay the same. Clinicians; PJ Jones, Joe Waggoner, Junior Bounous and Jerry Warren

Use Your Core to Ski Better – Build upon the teachings of the "Core Training for Better Performance" indoor sessions. Prerequisite is previous attendance of indoor session (or you can take it before we go out on snow at Symposium, see PSIA-NW website for details). Apply techniques learned indoors and see immediate improvement in skill performance on snow! Make your skiing more efficient and more fun! Emphasis placed on skills relative to National Standard outcomes. Clinicians; Betsy Baker and Robert Graham

Challenge Your Concepts – This clinic will focus on developing awareness of sensations, thoughts and visual cues to aid in the development of more efficient movements that can be applied on any condition or terrain. Expand your concepts of skiing by looking at equipment, mental challenges and physical movements.

Big Mountain Skiing at Big Sky – Challenge your skiing with a mountain tour de jour. Learn tactics and technique to ski a variety of terrain in the mountain environment.

Bumps – This clinic is for skiers who have had limited experience with skiing the bumps or are accomplished bump skiers wishing to hone their skills with an aggressive group of skiers. Appropriate group splits will be made at the event. Clinics will focus on the technique and tactics of skiing bumps on terrain appropriate to the group's level.

Low-Fly or High-Fly Freestyle – Rock and roll in the Terrain Park and Half-Pipe. There will be an Intro clinic for those with little or no experience and an Intermediate level for those wishing to push the envelope.

Ski with the Girls – Taught by top female clinicians, this clinic is designed to address equipment issues, motivation and ski improvement for women instructors and of course heaps of fun! Sorry, no boys allowed.

Clean and Carved – Just as it sounds! This clinic will explore speed and the art of carving in a safe and fun atmosphere. Learn to ski clean, efficient turns while exploring the conditions of the day. Develop the ability to approach steeper and more challenging terrain with efficient movement patterns and confidence.

Legends – Ski with some legends for a fun day designed for experienced skiers of all ages. Let them show you a thing or two! Clinicians; Al Voltz, Gordon West and Keith Lange

Masters Tour: Achieving Your Personal Skiing Goals (2 Day session) – Tour the mountain while improving your skiing and teaching skills; design the content to fit your needs. Polish your basic skiing skills to achieve more comfort in all conditions and terrain or consistently apply the skills needed to perform the exam skiing tasks. There will also be opportunities to get some tips on teaching adults and seniors. If desired, video, with feedback, will be available on one or both days; let your clinician know and help him/her design a weekend of fun, learning and adventure for you.

GS Gate Training – Come and get a look at the world of giant slalom! In this clinic you will learn how to set courses and choose tactics while running the course and improving your overall skiing. **Saturday only.**

Event Line Up

PSIA – Northwest and Intermountain – AASI Symposium 2007 Clinic Topics

TELEMARK CLINIC TOPICS

Efficient Telemark Skills Applied to Running Gates – This clinic will include the basics of line selection, equipment development updates and how to improve your skills to create an efficient racing technique in a course. **Saturday only.**

Creating Versatility in Your Telemark Turns – Take the latest movement patterns from the national level and work to develop your skills to maximize your efficiency. Expect an all mountain clinic with the objective of maximizing your versatility with modern equipment in the conditions of the day. **Saturday only.**

Alpine to Telemark – An introduction to telemark with a twist. It will emphasize a progression that takes full advantage of the skills already honed in efficient alpine skiing to enjoy the telemark experience. **Sunday only.**

Maximizing Versatility in Your Telemark Turns – This continuation of Saturday's clinic for those who were chasing sticks or just want to continue to improve their upper level telemark skills. The clinic will focus on utilizing the latest movement patterns from the national level and work to develop your skills to maximize your efficiency. Saturday's class is not needed to take this class. **Sunday only.**

CHILDREN'S CLINIC TOPICS

Solution Strategies – Spend the day immersed in a mind blowing creative process that will leave you with more ideas than you ever thought possible. We will take these new ideas and implement lesson plans combining your knowledge of kids' movements, CAP and personal experiences. Strong focus on skill sequencing and pacing.

Bag O'Tricks – Have you ever wondered why some games, exercises and drills work from some age groups, but not others? Explore how kids learn, act and move at different ages and add to your bag of tricks.

SNOWBOARD CLINIC TOPICS

Seeing is Believing – Video analysis of your skiing will be used to improve your skill level, awareness of your movement patterns and what to develop in your skiing. Indoor time will be spent near the end of the session to review the day's video.

Low-Fly or High-Fly Freestyle – Rock and roll in the Terrain Park and Half-Pipe. There will be an Intro clinic for those with little or no experience and an Intermediate level for those wishing to push the envelope.

Big Mountain Riding at Big Sky – Challenge your riding with an upper mountain tour de jour. Learn tactics and technique to ride a variety of terrain in the mountain environment.

Clean and Carved – Remember where you put your hard boot setup? Dig that corduroy carving machine out of the closet and come rip it up. This clinic will explore speed and the art of carving in a safe and fun atmosphere. Learn to ride clean, efficient turns while exploring the conditions of the day. Hard or soft set up.

ADAPTIVE CLINIC TOPICS

Transposing Our Experience and Knowledge About Skiing to the Adaptive Field – For able and non-able bodied instructors to learn how to think outside of the able-bodied box. View and understand different obstacles in teaching using adaptive situations.

Teaching Three and Four Track – Join us for a fun and informative clinic using stand up, hand held outriggers and learning progressions that will benefit students with issues of, but not limited to; balance, stamina, hemiplegia and leg amputation.

Visually Impaired (VI) – Teaching Tactics and Understanding – Come learn and understand how to effectively work with the visually impaired guest.

FAMILY INFORMATION - Children 10 and under ski/ride for free

Tour the Hill – Join us for a tour of Big Sky. We'll cruise around the hill and familiarize you with the runs you're comfortable on. Once you have mastered the hill you will meet up again with the other members of your family and show them a thing or two! For ages 13 and up; **must be able to navigate easy blue terrain.**

Big Sky Snowsports School – They are offering family members 30% off lessons, please call 800.548.4486. Childcare is also available at the Lone Peak Playhouse, located at the base of Big Sky resort in the Snowsports School building. Reservations are strongly recommended, please call 406-995-5847 or email lonepeakplayhous@aol.com

Event Line Up



PSIA – Northwest / Intermountain – AASI SYMPOSIUM SCHEDULE



Let's Inter-mingle!



Friday, April 13th

9:30 am Free Ski or Ride with Clinicians* – Base area, near Gondola One, Swift Current and Ramcharger Quads

6:00 – 9:00 pm No-host Welcome Party, Yellowstone Conference Center, Missouri Ballroom

Saturday, April 14th

8:45 am Symposium classes form – Base area, near Gondola One, Swift Current and Ramcharger Quads

9:00 am – 2:00 pm Classes disburse on the hill
Tour of the mountain family clinics - group skiing for teens and spouses

2:30 pm – 3:30 pm Ski/Snowboard School GS Race – Fastest Ski/Fastest Snowboard
Meet at the top of the race course, run TBA at morning registration

3:30 pm **Northwest** Alpine/Snowboard Level II and III Written Exams – Firehole Lounge

6:00 pm – 7:00 pm No-host cocktails – Yellowstone Conference Center, Missouri Ballroom

7:00 pm – 9:00 pm Banquet – Yellowstone Conference Center, Missouri Ballroom
We'll honor our award recipients and 20, 30 and 40 year pin recipients.

Sunday, April 15th

8:45 am Symposium classes form – Base area, near Gondola One, Swift Current and Ramcharger Quads

9:00 am – 2:00 pm Classes disburse on the hill
Tour of the mountain family clinics - group skiing for teens and spouses

Big Sky Symposium

Registration Times

- Thursday Evening, April 12th 6:00 – 9:00 pm, Whiskey Jacks in the Mountain Mall
- Friday Morning, April 13th 8:00 – 10:00 am, Firehole Lounge, by main entry to Shoshone and Huntley
- Friday Evening, April 13th 6:00 – 9:00 pm, Missouri Ballroom, Yellowstone Conference Center
- Saturday Morning, April 14th 7:00 – 9:00 am, Firehole Lounge, by main entry to Shoshone and Huntley
- Sunday Morning, April 15th 8:00 – 9:00 am, Firehole Lounge, by main entry to Shoshone and Huntley

*Must be registered for Symposium and signed up to attend the Friday session (we need to have a head count).

Event Line Up

DIVISIONAL ACADEMY

March 16, 17, 18, 2007

Have you signed up yet for this premier Northwest event? Three days of skiing/riding, video, fun and learning will be yours along with a DVD to remember the fun and friends, both new and old. Coaches will be current and past Technical Team members and a National Team member. Friday afternoon we will get together for apres ski and a presentation in the Hampton Lodge at Mission Ridge. The banquet on Saturday will be at Chateau Faire le Pont in Wenatchee. Hurry to reserve your spot, this event fills up every year. More information is on the website www.psia-nw.org.

For lodging options please see www.wenatcheevalley.org or call 800-572-7753 for the Wenatchee Valley Chamber of Commerce.



Mt. Bachelor GS Race Camp

April 27, 28, 29, 2007

Spring at Mt. Bachelor, a run all to ourselves, video and review, great coaching and friends-where else do you want to be in April? Come see why Mt. Bachelor is known for its 300 days of sunshine, high speed groomers and how that combined with gates makes for an awesome GS camp! All abilities welcome. Lift tickets included with event registration. Based on the time of the year, Mt. Bachelor may be operating on their spring schedule 8am-1pm. Lots of time to get in a round of golf or a bike ride afterwards. Check the website for details and lodging information.

Spring Fling

April 28, 2007

This indoor session will be offered again in the Seattle Shoreline area. A variety of classes will be available for you to choose from. Please check the website for class choices and sign up forms. This is a great way to pick up that education credit you need.

May Snowboard Freestyle Camp

May 4, 5, 6, 2007

Know what's special about this camp, aside from the great coaching, great hill and being called a 'camper'? We hold this camp right after Timberline has their renowned Cutter's Camp, which means all the cat drivers, park maintenance crews and anyone involved in creating freestyle terrain come to one place to learn how to hone their skills i.e. creating the best park and pipe possible. What does all that mean to you? We go out and ride that, what can be better than that?

So whether you are new to the park or want to learn the next sick trick, we won't let you down. See you there!



Directions

The Value of Mentors

BY KIRSTEN HUOTTE
PSIA/AASI-NW EDUCATION AND PROGRAMS DIRECTOR

A mentor is someone who helps us on our pathway to becoming a better teacher, rider and communicator. I believe most all of us have had someone who has helped us; we've all been 'mentees'.

As I travel around the different areas I am continually rewarded with unique stories about how someone has made a difference. I hear stories of how you met your mentor, how they showed you different, unique aspects of the teaching terrain, how they took you to clinics to show you how much fun you can have learning or how it was just nice to have a friend guide you along the way, inspiring you. Occasionally, I am lucky enough to see the reunion of

mentors and mentees long separated but most often I am able to watch you and your mentor interacting as you do on a daily basis. Either way, the bond remains strong whether the distance between you is feet, miles or even continents.

Listening as you share, I am reminded how mentoring is a multi-faceted component to what we do. These mentors help keep us going, keep us involved and help us make a direct impact on our clients. As our mentor works with us freeriding, they show us how to have fun in our lessons. As they give us a small tidbit to help get down the run easier, we are reminded to keep it simple and as we watch them greet

their classes day in and day out with the same excitement we are reminded what an inspiration we can be.

I believe part of the difference mentors make is instilling in us the properties and characteristics to in turn be mentors ourselves, in our own way. Mentoring is investing and the rewards are exponential.

So a big thanks to you mentors for all your hard work. You keep us inspired and help us inspire others.

Divisional dues \$40. National dues \$40
Being a mentor and making a difference, **priceless.**

Exam Season

It's that time of the year and we have many exams on the schedule. Exams will be held at Stevens, Schweitzer, Crystal (alpine only), Snoqualmie, Meadows and Bachelor. Make sure and sign up two weeks in advance. We have many training opportunities on the calendar for you to prepare throughout the rest of the season. Good luck in your preparation and exam!



It's Level I time and as was stated in the last newsletter along with the Level I exam fee this year comes a free 'Go with a Pro' clinic. This clinic is for all disciplines. A schedule of clinic times and locations will be in Level I exam packets sent out to schools scheduling a Level I, as well as posted on the website. We will even be offering this clinic at Symposium. Please contact the office if you have any questions!

Business Cards

You have worked hard to get your certification and we want to help you show it off! Professionally printed business cards are a great added touch to the end of any lesson. Start building your return clientele and educate the public about PSIA/AASI.

Cards are printed by Masters Printing in Colville, WA (They print this newsletter also). Check out the psia-nw website for a sample card and then order yours today. Cost: \$85 for 1000 or \$65 for 500. The cards include the PSIA, AASI, and Go with a Pro logos.

NW Snowsports Instructor

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Submission Deadlines

Issue	Deadline
Summer/Fall	July 15
Early Winter	Oct. 1
Winter	Jan. 1
Spring	March 10

Guide for Contributors

The Northwest SnowSport Instructor is published four times a year. This newsletter will accept articles from anyone willing to contribute. The editorial staff reserves the right to edit all submissions. Submit items as attachments via email or contact the editor for other options. Articles should include the author's name and a quick bio. Photos can be submitted via email or as prints. Please contact the editor for any additional information.

All published material becomes the property of PSIA-NW. Articles are accepted for publication on the condition that they may be released for publication in all PSIA National and Divisional publications. Material published in this newsletter is the responsibility of the author and is not necessarily endorsed by PSIA-NW.

President's Report

Partnerships Building for the Future

BY ED YOUNGLOVE
PSIA/AASI-NW PRESIDENT

This is one of my last reports as president of PSIA/AASI-NW. I would like to take the opportunity to share a few parting thoughts about where we have been and where I think we need to go as an organization. PSIA/AASI-NW has been blessed throughout its history with dedicated, talented individuals with visions of what the organization should be. These volunteers have given a great deal of time and effort to the organization and are the reason the organization is where it is today.

The vice presidents for the education, technical and certification programs (ETC) have been the heart and soul of the organization. They have provided the vision and much of the work in developing the educational foundation for our organization. We have been lucky to have had the services of individuals with professional skills (accounting, business, technical, etc.) as officers and directors to provide the necessary supportive administrative services. We have also been fortunate to have had the long-time services of our office managers and staff. Their popularity with the membership is the result of the personalized, caring services they provide to each member they come in contact with. I am convinced the organization's programs and services have never been of any higher quality or the membership better served than at the present time.

Despite this success, I believe we will need to look at other models for the way we do business as an organization. The technical revolution has vastly increased our ability to communicate with our members, but technical equipment and personnel with the skills

to use it are increasingly expensive. Our membership (you) expects and deserves the best educational tools we can provide, and volunteerism and limited resources can take us only so far. We have already seen the huge benefits of having a professional, full-time Education & Programs Director. Paid professional services will stretch our financial resources, however.

As I have had increasing contacts with the other divisions and with national, I have come to realize the potential benefits of collaboration with them and our other industry partners. I believe that, in the future, we will need to increase that collaboration. Pooling resources, financial and personnel, magnifies many times our potential for developing quality products and services for the membership. Many times in the recent past, divisions and national have been replicating the same tools, or even worse, working at cross-purposes. The divisional rivalry that I had often heard of is not much in evidence these days. I sense a commonality of purpose and a commitment among the divisional and national leadership to work together. As we move into the future, we will need to increasingly work in collaboration with other divisions and with national to unify our efforts. Economically, I think we will have to.

The snowsport industry appears to be thriving. At the same time, it and snowsport teaching also face a number of challenges. Clients demand instant gratification and are not content to learn to become proficient skiers or riders over a period of years. I think this is both a result and a cause of

many advancements, such as shaped skis and fat skis, for example. The ranks of instructors are diminishing with the number of clients. Snowsport teaching is no longer "cool." Our image is stodgy. The trial and error self-taught method seems to be the most popular way to learn, along with the "learn from a friend" method. The demographics of our membership, older, white skiers, runs counter to the general population trends of both more younger people and persons of color. We have been chasing the snowboarders to take lessons (or at least more than 1 lesson or even 1 season of lessons) for a number of years now. National's "Go With A Pro" marketing is a concerted effort to market professional lessons. We will need to expose the fact that the "cool" people, the park and pipe, gap jumping, cliff hucking guys and gals, didn't learn from a friend, and that they have coaches that they work with regularly. If you are on an airplane this season or at a resort, chances are you will see national's new "Go with a Pro" video. I think this is the type of effort we are going to need to make in the future.

In my opinion, the organization does a great job of serving its membership's educational needs. Even so, we are constantly looking for new and improved educational products and services for our members. We may, however, have to do a better job of participating with our industry partners in marketing skiing/riding lessons to the general public.

Serving as your president has been a true pleasure. The greatest part of the experience has been the opportunity to work with the officers, board members, staff and membership who share the same passion for sliding in the mountains. ■

Return on Investment Part Two

BY DIANA SUZUKI
PSIA/AASI-NW FINANCIAL VP

Hi Snow Sport fans. As I write this article, it is dumping snow in the mountains, so I hope you are getting in lots of days enjoying the pow and the great snow pack so far this year.

Please allow me a couple of minutes of your time to address one of my favorite fiscal topics - our Divisional staff, this time specifically the Staff in the Office.

As you are probably aware, a few years ago we did a survey regarding the Division and one of the highlights of the survey was that the Office **rocks**.

As a bean counter, everything in my world needs to have an ROI (Return On Investment - sorry I can't help myself, I like accounting) and the

Division really has received a huge return on the dollars invested to maintain the office and its staff.

If you have had the pleasure of visiting the office and meeting Barb, Cheryl and Becky, you have seen they make a lot of things happen in a very small space in a low rent area. They use a relatively old but reliable computer system to keep your membership data in great shape. When I first looked at the data the office maintains I was surprised by all the data they need to track regarding each member. Items such as when you joined PSIA, your education via events, your memberships with PSIA National, dues, certification, addresses, emails, etc..... In addition, I think Barb has a picture of every

member's child on her bulletin board because you are her family and that's the kind of warm service you receive when you interact with the office.

I know the cost of your dues is very important to you and your division is very conscious of its budgets and how we can provide the best value to every member. So get an ROI on your dues and visit the office some time to meet the staff, buy some cool books, buy a t-shirt or sign up for one of the great events coming up this winter (and bring a picture of your kid). Not to mention, please give the Office Staff a big thank you because they truly enjoy serving the membership.

See you on the slopes! ■

AWARD NOMINATIONS NOMINATE A MEMBER OF PSIA/AASI-NW

**INSTRUCTOR OF THE YEAR
OUTSTANDING SERVICE
SERVICE TO YOUTH
SKIING LEGENDS**

HONORARY LIFETIME MEMBERSHIP

DEADLINE-MARCH 23RD

Need more information? Check out page 14 of the Early Winter 2006 Newsletter for all the criteria for each award. You can also check the website-click *About Us* and then click *Service Awards*.

Need a little help with \$\$\$ to attend an event?

PSIA/AASI-NW has a scholarship fund designed to help offset the fees for educational events. You must be a current member and submit a timely application for the scholarships. Applications are due 30 days prior to an event. Check the website for an application and details.

Looking for the latest and greatest in manuals?

The PSIA/AASI-NW bookstore has a supply of books, manuals, and videos to keep you updated and informed. Check the website for a complete bookstore list and reviews. You can even find certification manuals that will guide you in your journey through the exam process. **psia-nw.org** (put it in your favorites)

The McLaughlin Report

Bite Size Pieces

BY LANE MCLAUGHLIN
PSIA/AASI-NW TECHNICAL VP

I'm sure I'm the master of the obvious when I point out that we learn anything that's complex, big and difficult by breaking it down into fundamentals that are simple, small and easy (easier). Well, if that's so obvious, then let's see if you can relate to the following two stories:

Story One – The Difficulty of Skiing Moguls

Billy Joe Bumpmeister shows up at his favorite ski area looking for a Black Diamond guru instructor to go out and show him how to tame the bumps. He gets assigned the top Level III instructor in the school, Sally Fall-Liner, to spend the day with him. Within a couple of runs, Sally sees that the complexity of all the movements, skills, tactics, and terrain management involved with skiing bumps is causing Billy Joe all kinds of balance and confidence issues. She recognizes that she can break down bump skiing into bite-size pieces, such as:

- Developing flexion/extension movements in all the joints
- Developing simultaneous leg steering while stabilizing the upper body
- Including a pole plant to assist with balance while changing edges and direction
- Selecting a turn shape that matches the bump-ometry (I made that term up)

Sally uses each of these activities as a stand alone learning segment, a stepping stone that Billy can try, get feedback and guidance, practice and progressively master to some degree during the day. This way Sally helps Billy Joe see progress toward his goal.

He's also able to remember the cues, the drills and her feedback so that he can practice on his own time after the lesson when Sally's not around.

Story Two – The Difficulty of Mastering Teaching

Klaus Klinicsalot is the famed Training Director of the Schuss Snowsport School. Klaus is prepping a hungry protege, Amber Alert, going for the Level III Teaching exam. Klaus has Amber run a school clinic about Dynamic Medium Radius turns for an hour. After an hour, Klaus has furiously gathered a slew of notes of things Amber had difficulty with. It seems as though Amber didn't really state a goal at the onset, she spoke very softly and most people could not hear her, her demonstrations seemed to be in conflict with her descriptions so the participants become confused on what she wanted, her movement analysis consisted of 'good turns' and missed the point that two participants had equipment setup issues that were limiting their abilities. On a chair ride at the end of the session, Klaus gave her this feedback and told her they'd try again next week, while Amber thought to herself about going to work for park crew rather than go through that awkward clinic experience again.

If I compare these two stories, they each are about learning experiences yet the framework for learning is completely different. The success and positive outcomes in Story One are possible because a challenging goal is broken down into smaller, measurable, and practicable pieces. Story Two takes on a big challenge while fighting all fronts at once. The task is daunting as

Amber tries to synthesize so many critical aspects of teaching a good lesson and her struggles are the teaching equivalent of the wobbly first runs Billy Joe took down through the bumps. Klaus needs to learn from Sally's tactics and perhaps teach teaching by using a similar stepping stone model. Let's reflect back onto Amber's struggles to see if we can think of some training activities that a "new and improved", smaller-bite-sized-pieces-Amber can try at the next clinic and tell her to tear up that park crew application before it's too late.

It sounds like the session got off to a rough start because Amber failed to clearly state a goal for the session. According to the teaching model it's very important to introduce the learning segment. Klaus could take the time to write down some teaching scenarios with varying desired outcomes and student types and have Amber think about how she'd introduce these learning segments. Perhaps at first she'd have the benefit of time during the week to think about it, research it, write down her thoughts and then bring her pitch to Klaus. Then, once she demonstrated a real knack for that, she could respond to Klaus with real-time answers as he peppers her with all kinds of random lesson scenarios.

It also sounds like Amber could use some practice speaking loudly and directly to the group, especially when it's her peers. Perhaps Klaus could construct some training time where she does just that, and only that. Maybe everyday for a week Amber could step

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NW SNOWSPORT
INSTRUCTOR

Perpendicularity – What’s up?

BY DON MEYER, AASI DCL-IT,
TRAINING DIRECTOR, THE SUMMIT AT SNOQUALMIE

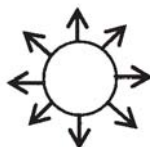
Perpendicularity - The act of being upright. Why stand upright? What does upright mean? Upright relative to what? Upright when? How does this apply to sliding?



Perpendicularity is one of nature’s cruellest natural laws for skiers and snowboarders. All our lives we have been taught to stand upright relative to a flat surface like a floor and even upright on a sloping surface. We have many joints in our feet and also have ankles, knees, hips and spinal joints to help us maintain our perpendicularity (using angularity) on any surface. We know through many experiences that leaning (tilting) will generally lead to falling if we have no momentum, centrifugal force or some other natural force helping us, therefore upright is just right most of the time and is therefore the “normal” automatic (autonomic) reaction.



Nature is just weird and contrary to “normal” logic at times. The world is round and yet everything stands upright in different directions - what’s the deal with that? Okay, natural law = Gravity. Gravity holds us on the surface, pulling us toward its center of mass. Masses attract - this seems to be true for people and other people and



also people and trees on the slopes at times as well! So no matter where we are on the globe, our center of mass is attracted to the earth’s center of mass. Why do we get pulled downhill? Simple, it is closer to the earth’s center of mass.

So what does the perpendicularity response to gravity do that is so bad for snow sliders? When we are going downhill, being perpendicular to the earth’s center means that we are not perpendicular to the slope and therefore our weight is back, putting more pressure on the tail of our board(s). That, of course, means that we have little or no steering potential which will cause the board(s) to seek the fall line and begin picking up speed. This can be fun, but in the end generally leads to results that are not so much fun.



So, in most of our experience we must be perpendicular to the earth except when snow sliding. Then we must be perpendicular to the slope instead. We must align our center of mass over the center of our feet relative to the slope. If we don’t, our turns will be inefficient and out of control.

To further confuse our senses and normal responses during different phases of the turn, we are in and out of alignment with earth’s center. We need to be perpendicular to our

board(s) and the board(s) need to be parallel to the snow. So going across the hill, we are perpendicular to earth center, but when going down hill, we need to be perpendicular to the angle of the slope. Again, if we are not perpendicular to our board(s) there will be a pressure distribution issue (pressure on tail(s)) leading to a control issue (unable to edge effectively) leading to a poor turning experience. Poor turning performance will again reinforce the normal perpendicular and inefficient response. Good turning experiences will reinforce proper alignment to the slope.

What to do? We **know** that we need to be perpendicular to our board(s), but when **fear** happens due to bad snow, steepness, someone cutting in front of us, etc., then our body responds in it’s **normal** fashion with “normal” often being perpendicularity. We also **know** that fear causes us to not think well and therefore not be able to quickly override our autonomic motor responses. We **understand** the action that



works and the one that doesn’t, but it is not simply a matter of knowing, of understanding or even having been successful once or twice. Coaches and experts tell us that for something to become an automatic response, we must do something successfully many times, perhaps 70 or more. One unsuccessful attempt can nullify many successful attempts, so until you have enough successful attempts that you understand it, believe it, remember it

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Freestyle

Learning How to “Kill” it!

BY SHAWN SEMB
AASI-NW DCL

There has been an event held the past six years at the beginning of May at Timberline that, in my opinion, is quite possibly the greatest event PSIA/AASI-NW has to offer. This event is the Snowboard Freestyle Camp - three days of joy, excitement and learning. This year's camp is scheduled for May 4th through 6th.

You can learn anything there, from trying an ollie to trying front side rodeos. There are no limitations to this camp. It is for all ages and all abilities. It doesn't matter what you enjoy, you will learn tons of things and have fun doing it.

I have participated the last five years and have learned more at this event about my personal riding in freestyle than I have at any other. This is my favorite event PSIA/AASI-NW offers. Why learn freestyle you might ask? The

benefits of going to this camp and getting technical freestyle riding skills all start with the basic skills of riding. You must flex/extend correctly. You must rotate at the right times. You must edge appropriately to what you are doing and of course, apply pressure as needed. These are all concepts we know and take seriously in our riding on the mountain. Someone coming to this camp will learn to apply all the basic skills in order to refine the movements needed to create a certain action or outcome regardless of whether it's in the air or on the ground. So, at this camp you are not just learning how to do a 360 in the pipe, but also the movements required to do it. You can then take the movements that set you up for that 360 in the pipe and go ride a steep bumpy line down some crazy shoot. It will set you up better, put you on the right line and you will perform better.

The fun wraps up at the end of the camp with an Award Ceremony. Some traditions have been formed over the years. There are many prizes, the “Biggest Crash”, the “Digger” award, the “Floppy Flyer” award and lots more. They vary from year to year, but the greatest prize of them all is the “Sick Puppy” award. Now this award is not to be taken lightly. This is awarded to the person(s) who hucks themselves the hardest, and of course does not land them all. It is for someone who tries everything and hopefully doesn't break a bone. The “Sick Puppy” is returned the following year to allow the winner(s) to pass it on to next year's winner(s). Because I won the award three years in a row, I have been crowned “THE Sick Puppy”. For that, I now judge the campers and decide who receives this great award. I passed it on to a Stevens Pass local, Christoph, the “Sick Puppy” of 2006. No one knows this year's winner, but we will see. Come to the camp and maybe it will be you. I hope to see everyone at this year's event!! ■

New School Twist on an Old School Task

BY DAVE BECKWITH, PSIA-NW DCL, SNOWSPORTS DIRECTOR, THE SUMMIT AT SNOQUALMIE

Are you ready to take your park and pipe experience to the next level this season? As ski instructors we tend to master tasks that keep us tied to the ground, but many of these old school tasks are easily transferable into making your park and pipe experience a little spicier. If you're looking to take your game to a new level by throwing in a little flare, here's an easy way to get there.

Remember Johnny Moseley's ground breaking 360 mute grab Olympic moment? Sure you do. It was one of

the coolest things in skiing in a long while. We'll work towards adding a little grab a la Mr. Moseley by first beginning with a relatively easy task that's been around a while.

Start by skiing a series of medium radius javelin turns. Early in the shaping phase of a turn, pick up your inside ski and cross the tip over your outside ski. Basically, if you were standing on a giant clock your outside ski would be pointed at 12 while your inside ski would be pointed at about 2.

You can also practice this at home out of your gear.

Once you're comfortable with this task, it's simple to add a grab. As you continue to ski a series of javelin turns, simply reach down with your downhill hand and try to grab the instep of your inside boot. Try to hold on through the entire shaping phase of your turn. As you become more comfortable with this, try to reach further down until you are finally grabbing the outside edge of your inside ski.

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NW
SNOWSPORT
INSTRUCTOR

Getting the Best Fit for Kids

BY RALPH PEZNECKER
PSIA/AASI-NW JET-NW MEMBER

“How’s that?” Silence. “Do you like this boot?” *Ya.* “Let’s put the other one on. Do these fit?” *Yes.* “They don’t hurt anywhere, do they?” *Uh, uh.*

Not bad, but how can you be sure this is the best boot available for your student? Many instructors are directly involved with the equipment selection process for kids. Equipment fit and condition may be the prime variable you can control in the kid + instructor + snow = fun formula. For instructors and staff involved in this process, please consider the following checks to minimize guesswork when fitting ski and snowboard boots onto children.

Shoes off. Check for one sock per foot, free of lumps and wrinkles, especially above the ankle where long underwear can get lost and confused (stuffed into sock cuff).



Compare the child’s right and left foot.
If one appears larger, fit to the larger foot.

Start with the stated shoe size on the rental form. Grab a boot and hold the sole bottom to the bottom of the child’s foot. The foot should line up within the approximate inner boot dimensions. If it looks good, then try it on. Check your work by trying the next sized boot on the other foot. Use feedback from the child to determine the best selection. Also check by sliding the foot

forward in the boot and feel for any gap behind the heel (less is better).

Boots off. Pull the foot bed from the boot and ask the child to stand on it. Compare the foot beds from other sizes as needed.

Pull the complete liner from the boot and try it onto the child. Slide the foot forward and back, checking the heel gap. Compare to other liner sizes as needed.



Getting close but still not sure? Try a different brand or age of boot (newer boots tend to fit tighter, older tends to fit looser).

Before buckling or tying boots, check that the tongue, liner and shell panels are layered correctly. Check



the tongue position – grab the top of the tongue, firmly wiggle and push down to maximize contact with the top of the foot and ankle.

Now check your math: With the boot buckled or tied, are you confident there is foot comfort with minimal extra space? Can the child flex their ankles with minimal foot sliding on the foot beds? Is there appropriate contact between the lower leg and cuff of the boot when the child stands comfortably upright? Consider feedback from kids with differential questions like, “Does this or that feel better?” or “Which boot would you choose if you had to wear it while walking your dog?”

These fit procedures can be utilized in part or whole to check the appropriate boot size for young skiers and snowboarders. Such tips can assist you in the boot selection process but the variables are many. (For a real thrill, compare bare foot shapes between two kids of about the same size.) The better the fit, the happier the feet and the more effectively skills can be developed. ■

Do Kids Rock Your World?

Then check out the new addition to the PSIA/AASI-NW website. From the home page you can click on the CHILDREN link and find the ACE I workbook, handouts as well as the ACE II workbook. The JET-NW Team is continuing to add valuable information (and some fun stuff). Check it often.

GOT A GREAT IDEA THAT YOU WANT TO SHARE WITH OTHER KIDS INSTRUCTORS?

We would love to hear about it! Send us a note and we will spread the word! Send it to the PSIA/AASI-NW office, C/O Children’s Committee Chair at office@psia-nw.org

Elections for Board of Directors

Cast Your Vote

BY JACK BURNS

PSIA/AASI-NW EXECUTIVE VP AND ELECTION CHAIRMAN

Following a call for candidates published on the website and in the newsletter, there will be an election for the Snoqualmie # 8 seat and the Mt. Hood # 3 seat. The Announcements of Candidacy for those running are set out below, including a statement from new board member Christopher Smith (Bend #1) who was unopposed.. Ballots were mailed in early February to all members in the Snoqualmie and Mt Hood Regions. Ballots must be returned no later than the close of business March 1, 2007. Results of the election will be posted on the website and printed in the next newsletter.

Snoqualmie Region

Position 8 Takashi Tsukamaki
Roger Lowell
Havens Tipps

Mt. Hood Region

Position 3 Michael Patmas
Stephen Henrikson

The remaining Board seats up for election will be filled as follows:

Snoqualmie Region

Position 4 Bill King*
Position 7 Rob Croston*

Stevens Pass

Position 2 Lane McLaughlin*
Position 5 Mary Germeau*

Crystal Mountain

Position 2 Ed Younglove*

Spokane

Position 1 Mike Peters*

North Central

Position 1 Sally Brawley*

Bend

Position 1 Christopher Smith**
(1 year term)

* Incumbent

** New Board Member Unopposed

Name: Takashi Tsukamaki **Region:** Snoqualmie

Position: 8 **Ski School:** Fiorini **Discipline:** Alpine III

Off the snow occupation: Aerospace Engineering

PSIA-NW Involvement: Member since 1970. Alpine Certified Level III.

Training Director Fiorini Ski School. Accredited to administer Level I exam.

Divisional Academy participant since its inception. Regular attendee at other training events including spring TD training, Race Camp, Symposium, Fall Seminar, and Timberline Fall Training.

Reasons for wanting to serve: As a PSIA member for over 30 years, I have benefited greatly from the training, continued education, and camaraderie of the organization. Now I would like to contribute my service to the Board so I can enable others to enjoy similar experiences.

I'm interested in enhancing the already widely successful PSIA programs by encouraging participation in the yearly events. The events could be expanded to address specific demographic needs and tailored to serve each of the groups. I want to focus on rejuvenating member's interest and motivation in improving their own skiing and teaching development and promoting an inspiring lifelong passion for the mountain experience.

Name: Roger Lowell **Region:** Snoqualmie **Position:** 8

Ski School: Mohan Skiing and Boarding

Discipline: Alpine III

Off the snow occupation: Retired

PSIA-NW Involvement: For the past 7 years I've been the TD for Mohan Skiing and Boarding. I've taught skiing for nearly 40 years in Montana, New York, Oregon, California and Washington. I've taught all levels and ages and varying situations such as symposiums, exam preparation for the division and multi day tours. For a short time before moving to California I was an examiner in the PSIA-NW. I represented Mt Hood region on the Board. In the NW I've been associated with Ski Masters, Edmonds District 15, Mt Hood Meadows Ski School and my current association with Mohan Skiing and Boarding. I have actively participated in race camps, symposium, TD training, National Academies and any other training opportunities I can find.

4 years ago I started Snowboarding and have worked with the snowboarding staff of the school and taught introductory classes.

Elections for Board of Directors

Reasons for wanting to serve: PSIA/AASI-NW is a diverse organization encompassing large destination areas and day use areas, full and part time instructors and multiple snow sports disciplines. I have worked in most of these areas and feel that I can represent the region's diversity on the board.

Snowboard instructors are usually young with high turnover. I would like to help the association work on making joining the association for these instructors easier with better retention. The current board is doing an excellent job. Hiring a full time coordinator for the division is paying great dividends. I would like the opportunity to participate with this very exciting, dynamic organization.

Name: Havens Tipps **Region:** Snoqualmie **Position:** 8
Ski School: Ski Masters

Off the snow occupation: Computer Specialist/Social Scientist (Retired)

PSIA/AASI-NW Involvement: I've been an instructor for about 20 years in the NW and have attended most of the Divisional Academies and National Academies during that time. Through such activities, I've gotten to know many PSIA members from all over and have become familiar with many aspects of PSIA in many regions and PSIA-NW.

Reasons for wanting to serve: Concession ski schools have played an important (and unique) role in "Inspiring lifelong passion for the mountain experience" in the NW. Unfortunately their future is very uncertain. I think PSIA-NW should work to protect the viability of concession ski schools in the region. I would work to try to establish some mechanism for PSIA-NW to mediate between ski schools and between corporations and ski schools when conflicts of interests threaten the concession ski schools.

I would be honored to serve PSIA-NW.

Name: Michael Patmas, MD **Region:** Mt Hood

Position: 3 **Ski School:** Mt Hood Meadows

Discipline: Alpine III

Off the snow occupation: Medical Director for Clear Choice Health Plans

PSIA-NW Involvement: I am an alpine certified level 3 instructor and member of the training staff at Mt. Hood Meadows. I am also a Level I accreditor. I am a technical reviewer and frequent contributor to The Professional Skier and was an author and reviewer for the ATS Manual.

Reasons for wanting to serve: When I joined PSIA at the age of 42, I never dreamed I would make it to level 3 certification. PSIA-NW helped me get there and at the age of 51, I passed. I would like to give something back to this division as an expression of thanks for helping me fulfill my skiing dreams.

I have extensive Board experience and served as member of the Board of Directors for the Ocean County Medical Society from 1988 – 2000. I have been on the Board of the American College of Physician Executives since 2004 and my term will be completed in May of this year. I currently serve as Chairman of the Board for Central Oregon EMR. As a member of the executive team at Clear Choice Health Plans, I attend all of our Board meetings. I understand the fiduciary, governance and regulatory obligations of Board service in both public and private, for-profit and non-profit sectors.

Name: Stephen Henrikson **Region:** Mt Hood **Position:** 3
Ski School: Timberline / Mt. Hood Meadows

Discipline: Alpine III

Off the snow occupation: Raft Guide

PSIA-NW Involvement: Supervisor Timberline, Full Time

Reasons for wanting to serve: I would like to serve so that PSIA-NW will continue and hopefully enhance its delivery of educational products, materials and opportunities.

Name: Christopher Smith **Region:** Bend **Position:** 1

Ski School: Mt. Bachelor **Discipline:** Alpine III

Off the snow occupation: White Water Guide

PSIA-NW Involvement: Level III Alpine Certified, Freestyle I Accreditation, Mt. Bachelor Adult Program Manager.

Reasons for wanting to serve: To help promote the value and benefit of certification. I would like the opportunity to more closely align our Snowsports School with others in this division. I am hoping to have better communication with the division to assist in development of our coaches and programs.

Our Snowsports School is rapidly changing and growing. As a manager I am required to encourage all staff to become division members. I want to serve on the board to improve the quality, safety and efficiency of our programs, while creating a closer divisional partnership. ■

From the Press

Look Out For This Underrated Ski Resort

BY BILL JENNINGS
COLUMNIST, THE SPOKESMAN-REVIEW

I have a confession to make. I never skied Lookout until last Friday. With credibility at stake, I called Phil Edholm, president/CEO of Lookout Pass Ski and Recreation Area, and invited myself over as his guest.

Edholm discovered Lookout Pass about eight years ago and liked it so much he bought the resort. Under his stewardship the ski area has doubled in size and customers. He's added a chair lift, expanded the lodge by 6,000 square feet and added a full-service sports bar and lounge. Another lift will be built on the north aspect of the hill next summer.

Recipe for snow

The amenities at Lookout are growing, but when I asked Edholm why skiers and boarders go there, he said, "It's all about the snow."

Edholm credits Lookout's annual average snowfall of 400 inches to a pair of weather phenomena called "orographic lift" and "continental effect." The effects combine to deliver generous dumps of high quality snow.

Edholm said the snow is a benefit of the resort's location: farther east than other area hills, on the saddle of the Bitterroot Range. Higher peaks stand immediately to the southwest. A microclimate exists here, on the western edge of a colder, dryer continental air mass.

Orographic lift occurs when moist Pacific air moves east over the steadily rising terrain. The air mass gains altitude, expanding as it cools. Less

dense, cooler air can't hold moisture like warm air. When Pacific air spills over the mountains above Lookout, it's ready to unload. The cold, dry continental air triggers lots of fresh powder.

Closer by far

I once considered Lookout a remote outpost on the Idaho/Montana border. From Spokane, driving to Lookout takes about the same amount of time as driving to 49 Degrees North. Drive time past Kellogg is about the same as riding the gondola up to Silver Mountain. I clocked the trip at 1 hour, 25 minutes in good conditions.

On the summit of the pass sits a compact, impeccably maintained ski area just off I-90, owned and operated by a skier with a lifetime commitment to his sport.

"I have a passion for the ski business," Edholm said. "My folks started me on skis when I was 3 years old. I started working at ski resorts as a kid and worked my way up from the ground floor. I've run nine different ski resorts and enjoy everything about it."

Sneak preview

I asked Edholm if it was possible to ski new runs cut into the north aspect of the mountain. Next season the terrain will be serviced by Lookout's third chair.

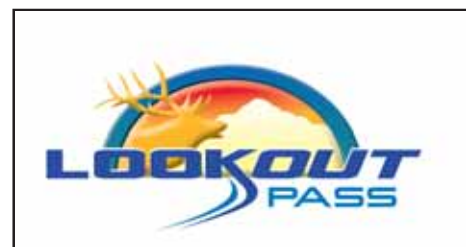
"Those runs are just fantastic," Edholm said. "If you're willing to hike on the railroad grade back to the base area, go for it. But it's out of bounds now. You're on your own back there."

Skiing with my ageless uncle, Roy Jennings, we warmed up on the Idaho side, carving perfect corduroy on Golden Eagle, Gold and Silver. On the Montana side, Whitetail offered steeper, ungroomed fall lines. Back on the Idaho side we found nice bumps on Niagra. Tight tree skiing in Lucky Friday Glades kept us on our toes.

Lookout's next expansion drops from skier/boarder's left off Huckleberry Ridge. Five runs add 400 feet to the current vertical of 1,150 feet. Here we found deep, untouched snow on a steep, sustained fall line. We floated down an exhilarating run that ended far too soon. If it weren't for the 1 1/4 mile boot pack through ankle deep snow to the base area, we would have gone back for more.

I can't wait until next year. The good news is you don't have to. ■

Bill Jennings ski column appears every Friday during the ski season. You can contact him at snoscene@comcast.net Originally published December 29, 2006. Reprinted with permission from The Spokesman-Review, Spokane, WA



Welcome to PSIA/AASI-NW
Lookout Pass!

NW SNOWSPORT
INSTRUCTOR

Skier hopes helmet will save others, too

BY CAROL M. OSTROM
SEATTLE TIMES STAFF REPORTER

An expert skier with 44 years of experience, George Ackley really didn't think he needed to wear a helmet when he hit the slopes. But he wanted to set a good example for his children, so he bought one anyway.

On Thanksgiving Day at Crystal Mountain, the shiny gray brain-bucket very likely saved his life.

As he and a friend tried to ski out of a steep chute, Ackley hit a rock. His skis popped off and he launched like a missile — headfirst into another rock.

"I heard this horrible crunching sound," recalled Ackley, 50.

Today, Ackley is walking and talking, healing from surgery that patched up two crushed vertebrae. The rock punched a deep, 3-by-3-inch hole into his helmet — instead of into his head.

"There is no doubt that Mr. Ackley would have suffered a severe, even life-threatening injury without that helmet," said Dr. Jacob Young, a neurosurgeon at Bellevue's Overlake Hospital Medical Center who helped treat Ackley.

Young hopes Ackley's story shows the value of helmets in accidents, which can happen to anyone — even expert skiers. For the last several years, medical researchers have become ever more convinced that widespread helmet use would significantly reduce the risks of head injury to snowboarders and alpine skiers.

And finally, skiers and snowboarders are starting to catch on.

"I think helmets will continue to become more and more the norm," says Paul

Baughner, director of Crystal Mountain's Ski Patrol. "The young athletes, the people who sort of set the style for coolness, most of them wear helmets."

"Look at his helmet!"

Ackley, a crane-maintenance electrician from Bellevue, didn't know anything about the statistics at the time of his accident, which he recalls in slow-motion detail.

He remembers being in the air, then coming to rest sitting up in the snow. Everything hurt and it was hard to breathe, but he was relieved to find he could wiggle his fingers and toes. Because his helmet was stuffed with snow, nobody realized at first how hard he'd hit. "Everything got really quiet," he recalled. "Then somebody said, 'Oh my God! Look at his helmet!'"

Ackley was taken down the mountain on a backboard, a neck collar firmly in place. He eventually underwent surgery for his two crushed vertebrae, now held together with eight screws and two titanium rods.

"As it was, the force was transferred largely to the helmet, and partially to the spine, which fractured," Young said. "It's far preferable to have a spinal injury than the kind of head injury he would have had."

Relatively rare injury

Compared with some other active sports, fatalities and serious head or paralyzing injuries are relatively rare in skiing or snowboarding. In the past decade, there have been an average of about 38 fatalities and 42 serious injuries a year, according to a national trade association of ski areas.

Among skiers and snowboarders in Norway, helmets reduced head injuries by 60 percent, according to research published last year in the *Journal of the American Medical Association*. Those findings were echoed by a study of about 15,000 skiers in Washington and California done by the Harborview Injury Prevention and Research Center in Seattle.

At Crystal Mountain, Baughner warns that ski helmets — like motorcycle helmets — can't protect against "big trauma."

"You ski fast and you have a loss of control and impact with an object ... a helmet isn't designed to take those types of impacts," Baughner said.

"But for smaller-force traumas, they're very effective."

Baughner estimates that 30 percent of adults on the slopes are now wearing helmets, on par with national reports, which say helmet use has been increasing by about 5 percent per year. Many kids wear them because their parents insist, Baughner said. Nowadays, it's mostly the older skiers, the ones who grew up with wool hats, who aren't hip to helmets, he said.

"I just fell in love"

As for Ackley, he says he didn't realize how warm and comfortable modern helmets were until he started wearing one. "I just fell in love with my helmet," he says.

Now, his beloved helmet is dented and ruined — for skiing, that is. As a teaching tool, it's become a coveted item.

Continued on page 25

From the Membership

HELMET A-B-C'S

BY PATRICK LAMBERT, A SLOOOOOW LEARNER*

The onset of helmets on the ski slopes over the last few years has been an interesting development around the country and fascinating to watch. Helmets are mostly ugly and add **NOTHING** to a person's good looks. Helmet manufacturers have really tried to make their wares appear manly, sexy, cuddly and cute by adding color, aerodynamic shape, decals, endorsements, fins and bills. All to no avail. They compress one's face, smooch the hair, leave strap marks across the cheeks and over time start to smell. Finally, if you have one, you know they don't compress well into one's ski bag for traveling.

Moreover, helmets function as social inhibitors for anyone riding chair lifts. Trying to be politely social on the lift with strangers becomes more of a challenge. With a half inch of insulation under 1/8 inch of bullet proof Kevlar protecting one's ears, the helmet experience requires the additional skill of lip reading. When the safety conscious skier or rider takes a break for lunch and they have enough self esteem to take the wet helmet off in public, there is no room on the lunch table to set the bulky chunk of plastic. The only place left to put it is on the floor where it gets kicked around by booted feet. When lunch is finished the helmets' owner is lucky to find it still under the chair where it was put. Helmets should come with a "lunch leash" so it will stay put while we refuel. Nonetheless, there is more to the story.

As I skied under the chair at Timberline, the sun came out. It had just finished raining for several days on

Mt. Hood. Consequently the snow was more than hard. There was a little pitch under one of the chair lifts that provided opportunity for some demonstration turns whenever a uniformed instructor wanted to show potential clients riding the chair what they too could look like if they took lessons. However, that same pitch could also provide equal opportunity for catching an edge, which could result in some unplanned aerials. Mine was apparently quite spectacular. It was the sudden stop on the back of my head that blew the demo. Stunned, sprawled paralyzed on my back, I hoped that feeling would sometime return to both hands and arms. It was during this recovery time when people hollered encouragement down from the chair; "awesome!", "Nine point five!", "duuuuuude!" and "do you need Ski Patrol?". It was more than humbling. Feeling slowly returned to my extremities enough that I could gather up poles, gloves and goggles from the yard sale and gimp to the bottom of the hill. The terrific headache and twisted neck meant I was done for the day. I spent the rest of the afternoon looking for a chiropractor when the time would have been better spent looking for a neurologist.

By the time he was two he was on skis due to a ski fanatic father. Years later he took a hiatus from skiing and instructing to pursue other goals. He was just getting back into the sport when it happened. He and his dad stopped in the terrain park of a California ski area to chat for a moment. Then they both took off on the slight slope to finish their run. He popped a small 18 inch jump while his

dad went around. The father glanced uphill for a moment then came around the bump to find the son crumpled up motionless on the hard snow. A small bloody spot on his temple and deep unconsciousness was the first clue that he was really hurt. The helpless feeling a parent can have while holding a badly injured child waiting for help is impossible to describe. He started to regain consciousness fifteen minutes later in the Ski Patrol's sled but doesn't remember any of the events of that day. He's OK now after several brain scans and two surgeries to repair a shattered collarbone and four broken ribs. Joel's my son.

Children skiing without helmets was the topic of conversation with the emergency room doctor while Joel was spending five hours at the hospital's emergency room at the base of Big Bear Ski area. He asked if Joel was wearing a helmet when he fell since he was exhibiting brain trauma. I indicated no. He simply said that he sees at least one child fatality each ski season due to brain injury. What's left to say about helmets?

Over the years lots of other experiences on the slopes come to mind that would justify wearing a helmet. How many does it take for a sloooooow learner? A, B and C. Three's enough.

**Patrick Lambert has been skiing since the 1952 ski season... instructing since the 1987 ski season...and helmeting since the 2004 ski season.*

Helmet deals may be available. Check with your Director or TD for the names of area reps. Members only offers on line at www.psia.org and www.aasi.org Discounts and sale pricing may also be available through your favorite specialty shops.

From the Membership

Just Wandering

BY RUSS VILHAUER
TRAINING DIRECTOR, MOGUL BUSTERS SKI SCHOOL

"Inspiring lifelong passion for the mountain experience."

PSIA Vision Statement

You are a professional in the snow sports industry, so the small article in the newspaper catches your attention. The headline states, "Oregon Skier Dies after Hitting a Tree at Resort". Perhaps you take time to read the story, but your time is limited and the crossword puzzle is calling. Twelve letters: Lack of concern: "Indifference" is maybe the best emotion you muster because after all you didn't know 20 year old Benjamin Hawk of Portland who died at Keystone Resort in Colorado. He was "skiing with friends on the intermediate Spring Dipper run when he lost control and struck a tree. He was not wearing a helmet."

You wonder if a helmet would have made a difference. If the crossword puzzle can wait another 10 seconds you learn that young Mr. Hawk was skiing with friends from a religious school in Oklahoma.

Four letters: Sorrow felt for another's suffering or misfortune: "Pity". Perhaps you can conjure it for a moment or so, but it's not useful in the completion of

the puzzle. Seven letters: Lacking pity. "Callous" works. After all, the only thing you had in common with the late Mr. Hawk was an affinity for skiing.

You get to the crossword puzzle where you learn that "Fret" is a four letter word meaning guitar ridge. No worry.

Three days after Benjamin's demise, your job takes you into the parsonage of a church in north Portland where Benjamin's father is the pastor. Your tenure as a neutral spectator is over. You know that you cannot feel the Hawk's pain. Hopefully you never will. You only recognize the epic proportions that permeate the house. Your visit is brief, your words of condolence to Reverend Hawk even more so and you stumble out the door.

Driving away you decide to stop procrastinating and buy your daughter a helmet. You know that's not enough.

Memories of your father's death from a head injury sustained on a trail ride flood over you once more and once more you ruminate on whether a helmet would have allowed him to meet seven grand children that have come to be since that fatal day.

You recall the day nine years ago that one of your students, Austen Knight, tried to dislodge a lift tower. The tower prevailed. Austen, who was wearing a helmet, suffered multiple concussions and got a ride down the mountain in an ambulance. He's still skiing. He's an accomplished racer at 15 and still banging into poles, only now they are of the bamboo variety.

You review the "Responsibility Code" which addresses safety issues. It fails to mention helmets. Why?

You think about your position in the industry. In addition to being an instructor you are a role model and a factor of influence. That manufacturers flood you with pro forms is proof that they believe in your power of persuasion. Inspire "lifelong passion" that is truly life long. ■

New Address or Email??

Be sure to inform the PSIA/AASI-NW office if you move. The USPS will not forward our mailings. Send your Name, New Address, New Phone and New Email to the office:
PSIA/AASI-NW, 11206 Des Moines Mem. Dr., Suite # 106, Seattle, WA 98168-1741, office@psia-nw.org

Mt. Bachelor Ski and Snowboard School is

accepting applications for the 2006 - 2007 winter season for the following positions: Kid's Ski and Snowboard Instructors (ages 6-12), Adult Ski and Snowboard Instructors, Park and Pipe Instructors, Staff Trainers. We offer excellent training opportunities, great benefits and industry leading wages. Mt. Bachelor is the largest resort in the Northwest with 3700 acres of terrain and a season lasting November through May. To apply please fill out an online application at www.mtbachelor.com or email your resume and cover letter to kstickelman@mtbachelor.com. For additional questions please call Kevin Stickelman at (541) 693-0946



From the Membership

On the Road to Find Out

BY RUSS VILHAUER
MOGUL BUSTERS SKI SCHOOL TECHNICAL DIRECTOR

"Why do I want to go to Canada to see America Junior?" Homer Simpson

Why indeed, Homer? The answer, dear boy, is as George Mallory once said, "Because it's there". The "it" in this case being the Monashees, not Mt. Everest that Mallory died climbing. My idea of mountain climbing is riding a detachable chair with foot rests. I suspect that many mountain climbers at least have passing dreams about scaling Everest much like a weekend jogger aspires to running a marathon. For the record, I judge the latter to be an overrated, painful and humiliating experience.

The brass ring for skiing is powder snow. Powder days at Mt. Hood are spotted with the same frequency as Big Foot. You want the definition oxymoron? Say, "Mt. Hood powder." The choices boil down to helicopter skiing or snow cat skiing. I chose the cat because, it was within my budget, the cat allows for recovery time between runs and I'm afraid of heights.

I selected the Monashee Powder Experience on the advice of my ski school's former training director, Tim McDowell. Never mind that Tim had never been there, but when the TD speaks, his charges need to listen. (Can you hear me out there in Mogul Buster land?)

Challenge number one, after blowing my kid's ASU tuition for next semester, was getting there. One can fly to Kelowna, British Columbia and rent a car. Or you can be cheap and drive. My ride was a 1974 BMW 2002 "tii" which is called the "Pocket Rocket" in some circles. It is a car that predates cup holders, cruise control, intermittent wipers and a sufficient heating system. I left town a day early in case I had to

abandon the good ship Bimmer and seek alternate transportation.

In Canada a shopping mall is a "centre" which reminded me of that valuable lesson from third grade grammar, "R before E except after..." I can't remember the rest. No matter.

Another Canadian quirk is the merry K system of calibration. When the speed limit was posted at "110" I had to do the math using all the 6.2 mile road races I've embarrassed myself in. They also have signs posted along the way informing you, in kilometers, how far to the next petrol. Math and conversions were never my strong suit. I ran out of gas about 5 "clicks", which is BC speak for kilometers, west of Kelowna. Stupid American! Fortunately I rolled to a stop at the feet of a good Samaritan, Jeff, who road tests new Freightliner trucks and he gave me a ride to and from the nearest station. I made Kelowna by sunset.

The next day I meandered out to the pick up point with a stop at Silver Star Ski resort where the kaleidoscope of colors on the buildings gives new meaning to the phrase, "paint the town". After dinner at River Ridge golf course in Cherryville the 25 guests loaded into an old yellow school bus driven by Monashee owner Tom Morgan for a toad's wild ride up to the next station. I couldn't remember the last time I rode a school bus to go skiing, but never had it been on narrowing snow covered roads sans chains doing 6 wheel drifts. Tom's navigational skills are, alone, worth the price of admission. The one hour bus ride was followed by another hour in a snow cat to the lodge. This is remote control.

If you're wondering when this Bozo is going to get to the skiing, let me remind you that Peter Jackson withheld the monkey for the first hour in "King Kong". Patience.

After breakfast on the first ski day we were indoctrinated to the mountain procedures including use of transceivers and probes in case somebody got buried in an avalanche. I always thought probes were used to see if the turkey was done. In this case it's a different kind of turkey. All this safety stuff was secondary to the dying question. Could a boy leavened on Cascade crust really ski this stuff? The Readers Digest answer is, "sometimes". There were plenty of falls, drops into camouflaged creek beds and times when I was way out of the correct position. But there were also moments when my brain actually transmitted useful information to body parts south and abba ca dabba - linked fluid turns. Movement analysis really does work. It also helps to be on skis big enough to burn conventional rocket fuel. Ironically my fat skis are Salomon "Pocket Rockets". The common denominator between any failure of the skis and the car by the same name would be pilot error.

The Monashee experience is much more than the powder snow, which was in ample supply despite the 3 week dry spell. The guides are able to find untracked snow because their office covers 17,000 acres. Morning wake up is a knock on your door and delivery of fresh coffee. All food is provided including a four course gourmet dinner.

Tom and Carolyn Morgan are wonderful hosts. Their staff knows the meaning of customer service. A special tip of the hat must go to guides Carl and Alex and my fellow guests in the Loki cat who were kind enough to put Humpty Dumpty back together again and again especially Brian Elliot, my ski buddy and Rob "Stretch" MacLeod, my roommate.

From the Membership

The drive home was uneventful save the road block where I was able to convince Dudley Do-Right that I was only intoxicated on life. Any road trip is measured by that timeless question, "Are we there yet?" In this case, no, but we are close. ■

"Bite Size Pieces"

Continued from page 14

up to introduce the morning meeting for her peers or describe the last movie she saw or facilitate a small Q & A session with the team. Klaus could observe and provide feedback strictly on her ability to grab attention and speak loudly enough. With practice each day, Amber and Klaus would hopefully see progress throughout the week.

On a separate training track, Amber could go study equipment options and write down some cause and effect assumptions on how equipment setup affects performance. She could test some of these ideas by going out with Klaus and performing some setup analysis on students and/or peers and test some of her theories. With these new skills she'd be more confident to bring this understanding into her movement analysis when coaching her peers.

Unless you're a 'natural teacher' you'll probably agree that teaching snowsports is as complicated, if not more so, than actually doing snowsports. So, perhaps to grow our teaching skills we can pattern our training by using some of the same methods that help us grow our skiing and riding skills. Take the time to break the whole enchilada into bite size pieces that are observable, practicable, repeatable or measurable. Develop a certain degree of improvement, if not mastery, in one area and then start attacking another. Those little victories along the way will help you each day you're out with clients and help you to enjoy the process. ■

"Perpendicularity"

Continued from page 15

To help your students change their response, you must:

Understand yourself and help them understand that downhill sliding requires a response that is counter to what they understand and feel to be "right". Provide exercises that help them see, hear, and feel what works well and what doesn't work as well.



Provide instruction that continually reinforces (teaching for transfer) efficient movement patterns (actions) that cause the appropriate response (reactions) in the board-snow interface. Remind them that they can change their response patterns, but also that each new situation in sliding (steeper, trees, bumps, powder, ice, etc.) will cause them to respond in the old "normal" ways and the new situation will require knowledge, focus and successful repetition to build new "normal" response patterns.

Finally, remind your students that the journey itself must be part of the fun - new experiences, challenging themselves, mind over automatic response, building another new "normal" response. Fun is required for learning to take place. Learning these new response patterns will allow them to have even more fun.

"New School Twist.."

Continued from page 16

This progression to develop a grab will allow you to flex in the necessary manner (ankles, knees, and hips) allowing you to maintain your balance since you still have a solid platform under your outside ski. This will be important for maintaining balance when you get in the air.

Next, find a jump, jib, or hit you're comfortable with and practice a few straight airs while "Pulling up the landing

gear". Flex your ankles, knees, and hips while maintaining your balance in the air. This will allow you the range of motion needed for a successful grab. Remember to extend to be able to absorb the landing.

Finally, put it all together. As you pop off the jump, pull up the landing gear, execute your in-air javelin maneuver with a grab, then realign/extend yourself for a successful landing. You should be able to comfortably execute your first grab!

By taking an old school task (the javelin turn), we can utilize movement patterns that we are comfortable with and transfer these skills to new school tricks that will add a bit of new fun to our skiing. Get out there and try it!

We'll work on the 360 later..... ■

"Skier hopes helmet.."

Continued from page 21

A teacher at the school where Ackley's wife works said she would like to use it to talk to students about head injuries, he said.

Young has e-mailed photos of it to colleagues and vows to buy his own helmet before skiing again. And ski patrollers at Crystal said they'd like to display it.

Ackley himself figures he's "sold" at least a couple dozen helmets: The sight of the crushed helmet has convinced nearly every skier who has seen it to get one.

Ackley won't be skiing anytime soon, with or without a helmet. For the next several months, his only sporting activity will be "healing."

"This isn't a 'get up and walk away' story," he says. "It's an 'I'm going to be able to get up and go back to work someday' story." ■

*Carol M. Ostrom: 206-464-2249
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In Memory

David Wayne Sicks

1937 - 2006

David Wayne Sicks, 69, died of a heart attack March 24, 2006. He is survived by his wife Florence, a son, four daughters, a brother, eleven grandchildren and two great-grandchildren.

A life long teacher, he shared his love and knowledge of the mountains for decades through ski instruction as well as Mountain Rescue and Mountaineering. Dave started his college career at Olympic College and went on to earn both his bachelors and masters degrees in mathematics from Western Washington State College (now WWU) in Bellingham. He first taught at the old West High School for five years, then returned to Olympic College where he taught mathematics for 35 years, the last several as a professor.

While teaching at old West High, he helped to organize an outdoor program and became interested in mountaineering. That led to his role assisting with the development of the Olympic College Basic Mountaineering class. During the 1960's, he was an instructor for that class and became a volunteer with Olympic Mountain Rescue. He went on to serve as chairman of Olympic Mountain Rescue for over ten years and also served as chairman of the state Mountain Rescue Association for a year.

During this time he became interested in skiing as well and joined the Chuck Maiden Ski School as an instructor. He passed his Associate Certification (Level II) in 1969 and his Full Certification (Level III) in 1971. He and his wife Flo started Sunshine Ski School at Snoqualmie Summit in 1976 and later worked for the Summit and Ski

Masters Ski Schools. Their relationship with Ski Masters continued on into the 1990's.

After retiring from Olympic College in 2000, he and Flo moved to Tonasket where he became an active member of that community through Kiwanis, the Community United Church of Christ and as a volunteer on a hospital advisory board. He taught fly tying to Okanogan youth as a member of the Okanogan Fly Fishing Club.

Lenore Lyle, Owner and Director of Ski Masters Ski School during the years Dave and Flo taught, remembered Dave this way at his memorial:

"I know my feelings reflect those of scores of others who worked with him or were his students, and of course his myriad of friends. As a long time co-worker and friend, Patty Hamilton said on hearing of Dave's passing: "Oh, he was always my favorite Clinic Instructor!". Why? Because he was organized, he could communicate his knowledge of technique and student handling in a usable manner by those he was teaching. To my delight, he personified and helped develop the professionalism I hoped to have instilled in our staff. And they all had fun with Dave in the process. When I called another long time friend in the Ski School, Mary Crabtree about Dave's sudden death, there was a long silence and then she said, "He was such a good man." She said it all."

"Dave Sicks will always live in the hearts of those who were lucky enough to have worked and played with him. He was one of a kind. We were all better for having known him." ■

Memorials honoring members and past members are printed on request and as information becomes available to the editor. Submissions are welcome. Articles and pictures for memorials may be forwarded to the editor, care of the office. Submission may be sent via email to: office@psia-nw.org, or mail them to PSIA/AASI-NW, 11206 Des Moines Memorial Dr. Suite 106, Seattle, WA 98168

Loren D. Prescott 1928 - 2006

Loren D. Prescott died November 19, 2006 at the age of 77. He was born in Seattle, Washington and graduated from Garfield High School in 1947. After earning degrees in Accounting and Law from the University of Washington, he opened his own law practice in 1959. He was a founding member of the Seattle Tax Group. During his fifty years of law practice in Seattle, he established himself as one of the most well respected business and tax lawyers in Western Washington.

Loren may be better known to many long time PSIA-NW members as a former president of this organization and a two term president of PSIA national. As president, he represented PSIA at the Zao, Japan Interski in 1979. Current PSIA National Board Representative from the Northwest (and fellow lawyer), John Weston, remembers Loren "as a man of his word. If he said he was going to do something, you could count on him to get it done".

He was an avid and accomplished Skier. As a member of the Garfield High School Ski Team he won the All City Four-Way Ski Competition held at Snoqualmie Summit in the spring of 1947. He went on to pursue ski teaching as an avocation, becoming one of the first ski instructors in the Northwest to earn his Full Certification (Cert #28).

He became active in PNSIA, chairing the first Symposium held in 1958 at White Pass. Moving into the president's position (1972-1973), he chaired the first Ski School Director's Meeting. He also served as the PSIA National Rep in the mid-70's prior to becoming the PSIA president. PSIA-NW awarded him a lifetime membership in 1986.

In addition to his teaching and work with the Instructor's organizations, he was also involved in the formation and operation of the SKIFORALL Foundation. Established in 1978, SKIFORALL provides recreational opportunities to over 1800 children and adults with disabilities.

His impact on the community also extended beyond these contributions in the areas of law and ski teaching. Loren worked with others in 1973 to found the Centrum Foundation, the nationally recognized arts and creativity

center located at Fort Worden State Park in Port Townsend, Washington. During his three terms as president of Centrum, he guided their organization through a multi-million dollar capital campaign that funded the conversion of an historic Balloon Hanger into the 1400 seat McCurdy Pavilion Performing Arts Center.

Loren is survived by his wife of fifty-four years, Barbara McDonald Prescott, three children, three grandchildren and a brother. Loren loved cruising the American San Juan and Canadian Gulf Islands with his family on his boat, the Indigo. A Memorial Service celebrating his life will be held in the Spring in Friday Harbor, Washington. Memorial contributions may be made to the Soroptimist International of Friday Harbor's Cancer Relief Fund, P.O. Box 2856, Friday Harbor, WA 98250 ■



On the Web

It's all on-line

psia-nw.org

For the latest in PSIA/AASI-NW news, check us out online. Event updates and applications, program updates, past newsletters, articles, book/DVD/video reviews, bookstore, merchandise, links and more. It's all there at psia-nw.org.

Check out these links!

Event Line Up - the latest on upcoming Featured Events

PSIA and AASI logos - cool and functional too. Direct links to the national sites.

Children - ACE, JET-NW Team, drop down & drop in.

What's New: - Who's that instructor in the red jacket? Newsletters on-line have color pix!

Technical Team Website - mission, bios, video MA & more.

Business Cards -Customize with your name and Go with a Pro on the reverse.

On the Web - web only content. Read "Flow" by Michael Drake. Learn the stages of accomplishment and the characteristics of "Flow" to help yourself and your students get "in the zone".

Did you hear?

● Rottefella's new NTN telemark ski binding has arrived in North America.

The system has a new attachment behind the ball of the foot, and it is based on the norm for alpine touring boots, thus eliminating the traditional duckbill on a telemark ski boot.

● Professional freeskiier Chris Davenport accomplished the seemingly impossible on Saturday by becoming the first skier ever to climb and then ski from the exact summit of Colorado's 54 rugged 14,000 foot peaks — in less than one year. Only one other ski mountaineer has laid tracks from each of these 54 peaks, the legendary Lou Dawson, who took twelve years to complete the task.

● The U.S. Ski and Snowboard Association, the national governing body for Olympic skiing and snowboarding, will sanction The Honda Ski Tour as an official USSA ski cross event. The International Olympic Committee recently approved the addition of ski cross for the 2010 Winter Olympics.

PSIA/AASI-NW Mission Statement

Provide high quality educational resources and well defined standards to aid our members in improving their teaching skills to better satisfy the needs and expectations of their customers in the enjoyment of downhill and Nordic snow sports.

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